

JULY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Rent Due	2	3 	4 Office Closed	5	6 Rent Late Add 10%
7 National Chocolate Day 	8	9	10 	11	12	13
14	15 Association Fees Due	16	17 	18	19	20
21 National Ice Cream Day 	22	23 National Hot Dog Day 	24 	25	26 Association Fee Late Add \$15.00	27
28	29	30	31 Board Meeting 6pm 			

Pest Control Days

Rent Reminder

Though your mind may be thinking of summer fun, please keep in mind that rent is due on the first. We appreciate those who pay on time.

Signal View Office Staff

Property Manger
Mitzi Elkins

Account Manager
Janet Myers

Collections/ Leasing
Debbie Scott

Leasing Consultant
Valarie Crawford

Maintenance Supervisor
Ben Johnson

Maintenance Technicians

Dennis Feeney
Dayrel Moore
Tony Pike
Vincent DelRosario

Board Members

President
Rex Parton

Vice President
Rick Marcus

Secretary
Roslynn Steinberg
Treasurer
Larson Mick

Steve Thurman
Calvin Beam
Victoria Godwin

Office Hours

Monday -Friday
9:00 A.M-5:30P.M
Saturday
10:00 A.M-4:00 P.M
Phone (423) 870-1176
Fax (423) 870-4443

Guard House
(423) 875-3594
After Hours

Emergency Maintenance
(423) 802-5458



July



Happy Independence Day!



DID YOU KNOW:

1884: A French Birthday Present, Size XXL

The United States got what may be the country's largest physical birthday present on July 4, 1884, when the French presented it with the Statue of Liberty. It took four months to assemble the 151-foot-tall statue, which was shipped from Paris in hundreds of pieces.

While the statue was intended to commemorate America's centennial, it was not formally dedicated until 10 years after the fact, when President Grover Cleveland held a Statue of Liberty ceremony on October 28, 1886.

1998: A Presidential Premonition?

In 1998, Congress passed a bill declaring the 21 days between Flag Day and Independence Day as "Honor America Days," encouraging Americans to celebrate their country for nearly a solid month. No more feeling guilty about throwing a barbecue and lighting sparklers every night in June.



STRAWBERRY LEMONADE POPSICLES

INGREDIENTS

- 1 cup fresh squeezed lemon juice (Meyer's if you can get them)
- 1 1/2 cup strawberries, stems removed
- 1 cup water
- 1/2 cup light agave syrup

Place all ingredients (including the water) in a blender and mix well. If you aren't patient enough to make popsicles, you could go ahead and drink the strawberry lemonade you just made. Otherwise, fill a popsicle mold with the liquid and freeze until solid. Enjoy on a long summer evening!



MAKE MUDPIES
 JUMP IN PUDDLES
 CLIMB TREES
 LIE IN THE GRASS
DREAM BIG
 BUILD A FORT
 RUN BAREFOOT
 SLAY DRAGONS
 PLAY IN THE RAIN
 REACH FOR THE STARS
IMAGINE
 TREAD GENTLY
 SLEEP SOUNDLY

Attention Owners and Residents!!!!

Pressure Washing of the breezeways will begin on July 8th for the S through V buildings



Numerous factors can affect your mood and anxiety levels: stress at work, the weather and the quality of your sleep. This stress can cause you to crave unhealthy foods that are high in fat and salt; therefore, try some of the following foods to improve your mood.

Anxiety Blasters

Almonds, Asparagus, Berries, Fatty fish, Oranges, Whole Grains

Anxiety Boosters

Alcohol, Caffeine, Red Meat, Salty Foods, Sugar

Pops on the River & Fireworks

July 3: Concert, 8pm; Fireworks, 9:45pm
 Coolidge Park

This free event invites visitors to pack a picnic and enjoy the sounds of the Chattanooga Symphony & Opera Orchestra at Coolidge Park followed by a fireworks show.
 ChattanoogaPops.com

Movies in the Park 2013

Coolidge Park & Carousel

Its official...Movies in the Park returns to Coolidge Park! Now in its 11th season, FTF once again partners with the City of Chattanooga to offer this free family event to the community. Starting July 6 and continuing each Saturday in July, families are invited to watch kid-friendly movies on the big screen under the stars. Every Saturday night in July! firstthings.org

The movie starts at sundown, so grab your blankets and lawn chairs and join in the fun! In case of inclement weather, listen to Sunny 92.3 FM to find out if that week's movie will be shown. And please remember: ALL CHILDREN UNDER 18 must be accompanied by a parent after 6pm in the park.